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Advanced Certificate in Handwriting Without Tears Methodology

## Unit 7: Teaching Strategies for Dysgraphia and Other Learning Challenges

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**\*\*Accommodations:\*\*** Changes to the learning environment or curriculum that allow a student with dysgraphia to access the same education as their peers. Examples include using assistive technology, allowing extra time for tests, and modifying homework assignments.

**\*\*Assistive technology:\*\*** Tools or software that help individuals with dysgraphia overcome their challenges in writing. Examples include speech-to-text software, word prediction programs, and graphic organizers.

**\*\*Dysgraphia:\*\*** A learning disorder that affects a person's ability to write, spell, and organize thoughts on paper. It can also impact fine motor skills and hand-eye coordination.

**\*\*Fine motor skills:\*\*** The small movements made with the hands, fingers, and wrists, such as picking up a pencil or buttoning a shirt. These skills are necessary for handwriting.

**\*\*Graphic organizer:\*\*** A visual tool used to help students organize their thoughts and ideas. Examples include concept maps, mind maps, and Venn diagrams.

**\*\*Handwriting Without Tears:\*\*** A research-based handwriting curriculum that teaches handwriting skills in a developmentally appropriate way. It uses a multisensory approach to help students develop the fine motor skills and hand-eye coordination needed for handwriting.

**\*\*Kinesthetic learning:\*\*** A learning style that involves using physical movement and hands-on activities to learn. This style is often helpful for students with dysgraphia.

**\*\*Multisensory instruction:\*\*** An approach to teaching that involves using multiple senses, such as sight, sound, and touch, to help students learn. This approach is often helpful for students with dysgraphia.

**\*\*Occupational therapy:\*\*** A type of therapy that helps individuals develop the skills necessary for daily living, such as fine motor skills and hand-eye coordination. Occupational therapists can work with students with dysgraphia to improve their handwriting skills.

**\*\*Sensory integration:\*\*** The ability of the brain to organize and interpret information from the senses. Students with dysgraphia may have difficulty with sensory integration, which can impact their handwriting abilities.

**\*\*Speech-to-text software:\*\*** Software that converts spoken words into written text. This can be helpful for students with dysgraphia who have difficulty writing by hand.

**\*\*Visual-spatial skills:\*\*** The ability to understand and manipulate images, shapes, and space. Students with

dysgraphia may have difficulty with visual-spatial skills, which can impact their ability to form letters and words on paper.

**\*\*Word prediction programs:\*\*** Software that predicts the next word a student is likely to type, based on the context of what they have already written. This can be helpful for students with dysgraphia who have difficulty spelling.

**Accommodations:** Accommodations are changes made to the learning environment or curriculum that help students with dysgraphia access the same education as their peers. These can include using assistive technology, allowing extra time for tests, and modifying homework assignments. An example of an accommodation is allowing a student with dysgraphia to use a laptop for in-class assignments instead of writing by hand.

**Assistive technology:** Assistive technology is any tool or software that helps individuals with dysgraphia overcome their challenges in writing. Examples of assistive technology include speech-to-text software, word prediction programs, and graphic organizers. Speech-to-text software, for example, can be helpful for students with dysgraphia who have difficulty writing by hand.

**Dysgraphia:** Dysgraphia is a learning disorder that affects a person's ability to write, spell, and organize thoughts on paper. It can also impact fine motor skills and hand-eye coordination. A student with dysgraphia, for example, may have difficulty forming letters and words on paper.

**Fine motor skills:** Fine motor skills are the small movements made with the hands, fingers, and wrists, such as picking up a pencil or buttoning a shirt. These skills are necessary for handwriting. A student with dysgraphia may have difficulty with fine motor skills, which can impact their handwriting abilities.

**Graphic organizer:** A graphic organizer is a visual tool used to help students organize their thoughts and ideas. Examples include concept maps, mind maps, and Venn diagrams. A graphic organizer can be helpful for a student with dysgraphia who has difficulty organizing their thoughts on paper.

**Handwriting Without Tears:** Handwriting Without Tears is a research-based handwriting curriculum that teaches handwriting skills in a developmentally appropriate way. It uses a multisensory approach to help students develop the fine motor skills and hand-eye coordination needed for handwriting. For example, the curriculum may use finger plays and movement activities to help students learn letter formation.

**Kinesthetic learning:** Kinesthetic learning is a learning style that involves using physical movement and hands-on activities to learn. This style is often helpful for students with dysgraphia. A kinesthetic learning activity for a student with dysgraphia might involve using playdough to form the shape of a letter.

**Multisensory instruction:** Multisensory instruction is an approach to teaching that involves using multiple senses, such as sight, sound, and touch, to help students learn. This approach is often helpful for students with dysgraphia. For example, a multisensory lesson on letter formation might involve looking at a letter, saying its name, and tracing it with a finger.

**Occupational therapy:** Occupational therapy is a type of therapy that helps individuals develop the skills

necessary for daily living, such as fine motor skills and hand-eye coordination. Occupational therapists can work with students with dysgraphia to improve their handwriting skills. For example, an occupational therapist might work with a student to improve their pencil grip or finger strength.

**Sensory integration:** Sensory integration is the ability of the brain to organize and interpret information from the senses. Students with dysgraphia may have difficulty with sensory integration, which can impact their handwriting abilities. For example, a student with dysgraphia may have difficulty processing the sensation of holding a pencil.

**Speech-to-text software:** Speech-to-text software is software that converts spoken words into written text. This can be helpful for students with dysgraphia who have difficulty writing by hand. For example, a student with dysgraphia might use speech-to-text software to dictate an essay.

**Visual-spatial skills:** Visual-spatial skills are the ability to understand and manipulate images, shapes, and space. Students with dysgraphia may have difficulty with visual-spatial skills, which can impact their ability to form letters and words on paper. For example, a student with dysgraphia may have difficulty aligning letters on a line or spacing letters and words correctly.

**Word prediction programs:** Word prediction programs are software that predicts the next word a student is likely to type, based on the context of what they have already written. This can be helpful for students with dysgraphia who have difficulty spelling. For example, a word prediction program might suggest the word "dog" after a student types "I saw a ...".

In conclusion, teaching strategies for dysgraphia and other learning challenges involve accommodations, assistive technology, and multisensory instruction. By understanding the specific terms and concepts related to dysgraphia, educators can provide the necessary support and resources to help students overcome their challenges and reach their full potential.